



Basketball Intramural Informational Meeting

1/14/2021

Agenda

1. Staff
2. Intramural Sports offered
3. Annual Athletic Participation Form
4. Grades and Conduct
5. COVID 19 Employee/Student Procedures
6. Face Coverings
7. General Guidelines
8. Participation/Attendance
9. Spectators



Athletic Director/Coaching Staff

Athletic Director -

Brian Evans - brian.evans@ocps.net

Coaches -

Chad Ryan - chad.ryan@ocps.net

Jose Davila - Jose.DavilaColon@ocps.net



Intramural Sports

- The intramural format will allow any student on our campus, Launch ED or Face to Face, to participate in a sport and will provide an opportunity for increased participation. FLVS and OCVS students zoned for our school are also permitted to participate.
- Basketball - January 25th
- Volleyball - February 22nd
- Soccer - March 29th
- Track - April 26th



Annual Athletic Participation Form

- All participants must have a completed 2020-21 OCPS physical form which includes the Covid-19 waiver. All forms can be found on the HWMS Website (horizonwestms.ocps.net), under Athletics, then Athletic Physicals
- Completed forms may be turned into the front office or directly to Mr. Evans. A limited number of paper copies can be obtained from Mr. Evans upon request.
- All completed forms are due by the following dates:
 - Basketball - January 25th
 - Volleyball - February 19th
 - Soccer - March 26th
 - Track - April 23rd
- All physicals require a Doctor's signature and stamp - Physicals must be completed on AAPF form - No Department of Health or School entry Physicals will be accepted - No Exceptions
- No student will be allowed to participate with an incomplete AAPF. Please double check for signatures and dates before submission.



Select a School

Select Language



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ATHLETIC PHYSICALS

[Horizon West Middle School](#) » [Athletics](#) » Athletic Physicals



Orange County Public Schools
HORIZON WEST
Middle School



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Athletic Physicals

Basketball

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Thank You
Students
Parents
Teachers
Community

UPCOMING EVENTS

18 JAN
Martin Luther King Jr.
Holiday

15 FEB
President's Day Holiday

12 MAR
Teacher Workday/Student
Holiday

15 MAR
Spring Break Holiday

Full Calendar

Athletic Eligibility

Students must have and maintain a 2.0 GPA or above, to be eligible to participate in athletic programs. In order for athletes to participate in daily practices and/or games, they must be present for at least four consecutive periods that day. Students must also complete a satisfactory medical examination during each academic school year in which they plan to participate. In addition, no student can turn 15 years old prior to September 1st of each calendar year.

All Athletic programs will stress academic success, physical fitness, character development, discipline, and good sportsmanship. Our athletes represent our school and community and are expected to be student leaders with positive behavior. Students who use alcohol, tobacco or other drugs, have behavior or attendance problems, or violate other training rules as set by their coach, may lose their opportunity to participate.

Click the links below, both forms need to be completed to try out for any sport.

[2020-2021 Physical Packet](#)

[Release Off Season](#)

Complete this form

Please direct all questions to [Mr. Evans](#), Athletic Director.



Careers



Calendar



Launch Pad



Menus



Volunteer



SchoolPay



Report Cards



Canvas

Part 3. Physical Examination (to be completed by licensed physician, licensed osteopathic physician, licensed chiropractic physician, licensed physician assistant or certified advanced registered nurse practitioner).

Student's Name: _____ Date of Birth: ____/____/____
 Height: _____ Weight: _____ % Body Fat (optional): _____ Pulse: _____ Blood Pressure: ____/____/____
 Temperature: _____ Hearing: right: P _____ F _____ left: P _____ F _____
 Visual Acuity: Right 20/ _____ Left 20/ _____ Corrected: Yes No Pupils: Equal Unequal

FINDINGS	NORMAL	ABNORMAL FINDINGS	INITIALS*
MEDICAL			
1. Appearance			
2. Eyes/Ears/Nose/Throat			
3. Lymph Nodes			
4. Heart			
5. Pulses			
6. Lungs			
7. Abdomen			
8. Genitalia (males only)			
9. Skin			
MUSCULOSKELETAL			
10. Neck			
11. Back			
12. Shoulder/Arm			
13. Elbow/Forearm			
14. Wrist/Hand			
15. Hip/Thigh			
16. Knee			
17. Leg/Ankle			
18. Foot			

* - station-based examination only

ASSESSMENT OF EXAMINING PHYSICIAN/PHYSICIAN ASSISTANT/NURSE PRACTITIONER

I hereby certify that each examination listed above was performed by myself or an individual under my direct supervision with the following conclusion(s):

___ Cleared without limitation

___ Disability: _____ Diagnosis: _____

___ Precautions: _____

___ Not cleared for: _____ Reason: _____

___ Cleared after completing evaluation/rehabilitation for:

___ Referred to _____ For: _____

___ Recommendations: _____

Name of Physician/Physician Assistant/Nurse Practitioner (print): _____ Date: ____/____/____

Address: _____

Signature of Physician/Physician Assistant/Nurse Practitioner: _____

Signature

Stamp and Date

On Page 5 of the Annual Athletic Sports Participation Form, you will find the form that needs to be completed by a Licensed Florida Medical Practitioner. All forms must be stamped, dated and signed by the Practitioner.

Please review all pages for names, dates and signatures of parents and students.

Incomplete forms will be returned and may result in a student not being able to participate.

Grades and Conduct

- All students must have a cumulative 2.0 Middle School G.P.A
- All students should keep current passing scores in core subjects.
- All students will display proper conduct in classes during the Intramural Season. Inappropriate conduct will be grounds for dismissal from the program.



COVID 19 Employee/Student Procedures

Any student or coach who is sick, or exhibiting symptoms, should not participate in any activities. Individuals who test positive will need to go into isolation. HWMS will follow the OCPS Health and Safety Manual regarding exposure.

Any student who is actively in quarantine will not be able to participate in the intramural Program until the quarantine period expires.



Face Coverings

- Face Covering must be worn at all times by volunteers and spectators.
- Athletes participating must wear face coverings at all times except when they are participating in strenuous activity. When an athlete returns to the bench they need to wear their face covering.
- All athletes and coaches must bring face coverings for use when indoors and when proper social distancing cannot be obtained. (timeouts and providing instruction)
- Coaches must always use their face coverings.
- Any mask with an exhalation valve (respirator) is not permitted.
- Neck gaiters and neck buffs will no longer be permitted to be worn as a face covering.



General Guidelines

- Avoid congregating before, during and after practices/competitions.
- No handshakes pre or post-game
- Athletes will come dressed to participate.
- Students will not miss school time to participate in intramurals.
- No competitions between schools - All activity will take place at HWMS.
- The use of inappropriate language by coaches, student-athletes and spectators is prohibited.
- Daily attendance needs to be maintained to assist in contact tracing when necessary.
- The use of OCPS transportation is not needed to execute intramurals.
- The use of official associations contracted by OCPS will not be needed to execute intramurals.
- Frequent hand sanitizing as well as equipment
- Students will need to bring their own water bottles.



Participation/Attendance

Athletic directors and coaches will have flexibility in how to implement the intramural program on individual campuses. Each school community is unique and interest in particular sports may vary greatly campus to campus.

- Students must attend classes for each day they participate. Excessive absences may result in removal of the program
- No tryouts, all participants will play in games
- Will separate players by grade and/or skill level (multiple teams participating)
- Practices 4 days a week (7:45 am - 9:00 am) and/or (4:15 pm - 5:30 pm)
- Boys/Girls may compete at same or different times.
- All practices/games will be determined based on total number of participants.
 - Practices focusing on player development, game play, and sportsmanship.
- Final games may be 3 v 3 or 5 v 5 based on total number of participants.



Spectators

2020 has caused many changes to what the world knows as normal. One specific change will be with the spectator experience. In an effort to help control interactions and limit the spread of COVID-19, OCPS will alter spectator procedures to allow for spectators as long as safety precautions are followed. OCPS values the hard work of the student-athletes and wants to provide an opportunity for the skill sets of all student-athletes to be put on display. However, due to the current concerns related to the pandemic, limitations must be in place to maintain a safe environment for student-athletes as well as spectators.



Spectators

- Spectators will only be allowed the last week of Intramural Season.
- Spectators must wear face coverings while on OCPS property and socially distance.
- There will be no charge for tickets.
- All OCPS Middle Schools will work with 25% seating capacity for intramural contests.
- All home facilities (bleachers, stands, gyms) will be clearly marked to adhere to social distancing; rows will be skipped and blocked off.
- OCPS Middle Schools are not responsible for contact tracing of spectators.
- No re-entry policy for all contests. An administrator or SRO will be present for the duration of the contest
- Only OCPS personnel are permitted on the field/court.



Questions?