



FOOD

[Burger King](#): Offering 2 free kids meals with the purchase of an adult meal ordered online or through the Burger King smart phone app.

[OCPS Grab-and-Go Meals](#): Grab-and-Go meals will be available for pick-up between. in the car loop of each school site. Check OCPS.net for the closest location.

[Second Harvest Food Bank](#): Food assistance provided locally. Search by zip code to find nearby locations. *Call before arriving to be sure times/locations have not changed!

Locations near Wekiva High School:

- Catholic Charities- Rosemont (4300 Clarcona Ocoee Rd. Suite 401 FL 32808)
407-863-1818. Wednesdays and Thursdays, 9am-1pm.
- Church in the Son, Inc (4484 John Young Parkway FL 32804)
407-246-0001. Wednesdays 12-3pm, Mondays-Thursdays 10am-4pm
- Guilgal SDA Church (5668 N. Pine Hills Rd FL 32810)
407-487-0755. Wednesdays 8-9pm, Fridays 11am-2pm
- Perfecting Community Development Corporation (1190 Apopka Blvd FL 32703)
407-808-6471. Tuesdays 10am-12pm, Fridays 1-2:30pm

[Loaves and Fishes Apopka](#)- This faith-based organization provides assistance with food, baby items, toiletries, and prescriptions.

Free Children's Meals in Florida

Text: FLKIDSMEALS to 211-211

Call: 211

FINANCIAL ASSISTANCE

**For Orange County, evictions and utility shut offs have been suspended for the time being.*

Florida Department of Economic Opportunity: Reemployment Assistance Benefits due to COVID-19 (Formerly known as unemployment assistance). The application for benefits can be filled out online for individuals whose hours have been cut or who have been laid off due to COVID-19 (individuals quarantined or taking care of a family member with a diagnosed case are also eligible).

[Frequently Asked Questions \(FAQ\)](#)

[Apply Here](#)

Orange County Government Rental Assistance : This program offers one-time rental assistance for those who are affected by the COVID-19 crisis. To apply, individuals call to schedule an appointment. There is a list of required documentation on the website.

Small Business Emergency Bridge Loan: These short-term, interest-free working capital loans are intended to “bridge the gap” between the time a major catastrophe hits and when a business has secured longer term recovery resources, such as sufficient profits from a revived business, receipt of payments on insurance claims or federal disaster assistance.

Crisis Assistance Program: Mortgage, rent and utility assistance for residents of Orange County who have insufficient resources to meet emergency needs. Appointments are made by calling (407) 836-6500.

United Way Recovery Fund: In response to the COVID-19/Coronavirus pandemic, Heart of Florida United Way has established a fund to support Central Florida residents whose financial stability is being impacted. The focus of the fund is to support the ALICE (Asset Limited, Income Constrained, and Employed) population experiencing hardship due to decreased hours or unpaid leave.

Orange County: Water, Garbage & Utilities: Service disconnections for water customers are temporarily suspended through March 31. For assistance, please contact Orange County Utilities at 407-836-5515.

Salvation Army: Emergency financial assistance is available for individuals who have been an Orange County resident for at least one year. This resource is limited and individuals can call 407-423-8581 x26491 to schedule an appointment or receive more information.

MENTAL HEALTH

[Coronavirus Sanity Guide](#): In times like these, we need practical, actionable ways of coping with stress, fear, and anxiety. The meditations, podcasts, blog posts, and talks on this page will help you build resilience and find some calm amidst the chaos.

[Florida Blue](#): Licensed clinicians are available to speak to anyone in Florida free of charge in both English and Spanish, including those who do not have insurance or have coverage with another health plan.

The emotional support line can be reached at 833-848-1762

[Crisis Text Line](#): Text from anywhere in the USA to text with a trained Crisis Counselor. Every texter is connected with a Crisis Counselor, a real-life human being trained to bring texters from a hot moment to a cool calm through active listening and collaborative problem solving.

Free, confidential 24/7 support with a Crisis Counselor: Text "HOME" to 741741.

[Coping with a Disaster or Traumatic Event](#): Centers for Disease Control and Prevention (CDC). Resources on how to take care of emotional help, helping children cope, etc.

[Aspire Health Partners](#) -Mental Health Assistance & Support

407-875-3700 Ext. 2

[National Child Traumatic Stress Network \(NCTSN\)](#): Knowing important information about the outbreak and learning how to be prepared can reduce your stress and help calm likely anxieties. This resource will help you think about how an infectious disease outbreak might affect your family—both physically and emotionally—and what you can do to help your family cope.

[Suicide Prevention Lifeline](#): The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week. Committed to improving crisis services and advancing suicide prevention by empowering individuals, advancing professional best practices, and building awareness.

1-800-273-8255

CHILDCARE

[Child Support Updates](#): How to handle your child support case without visiting a local Child Support Office_

DOMESTIC VIOLENCE

[Harbor House of Central Florida](#): This nonprofit provides emergency shelter for families in crisis, as well as counseling, legal advocacy and other services. Pets accepted.

24 Hour Crisis Hotline: 407-886-2856

Email: contactus@harborhousefl.com

[SafeHouse of Seminole](#): Provides emergency shelter, personal and legal advocacy, counseling services, crisis intervention, and youth and community prevention education, among other services.

24 Hour Hotline: 407-330-3933

[Victim Service Center](#): This certified rape crisis center in Orange, Osceola and Seminole counties serves victims of sexual assault, violent crime and traumatic circumstances through free and confidential crisis intervention, therapy, advocacy and outreach. For victims of any type of trauma, Victim Service Center provides confidential care. Modifications have been made due to COVID-19, but most programming is still available.

24 Hour Hotline: 407-500-4325

Text (8am-5pm): 407-497-6701

OCPS DIGITAL LEARNING

[Coronavirus Internet Offer For Students](#): Spectrum is offering 60 days of free internet for students K-12. Spectrum News 13 live stream is also free to the public

Call: 1-844-488-8395 -- Installation fees will be waived

[Comcast: "Internet Essentials" Package Free](#): Available for low-income customers for 60 days.

[Distance Learning with OCPS](#): Need to know information,

[Parent Lunch & Learn: Coping 4.0](#) - March 27, 2020 @ 11:30am-12:30pm

[Instructional Contingency Plan](#): Logistics and guidance for OCPS' emergency school closures

[Students: OCPS Continue Learning Online](#): Support for students and distance learning

MEDICAL

[CDC: Learn about COVID-19](#) : Symptoms & Testing, What to Do if you are Sick, Caring for the Sick, FAQ

[Florida Department of Health COVID-19 Hotline](#) - available 24/7: (866) 779-6121

[COVID-19 Updates: Orange County, FL](#): Drive-thru testing information, frequently asked questions.

Orange County Government Crisis Assistance Hotline: 407-836-6500

[Primary Care Access Network \(PCN\)](#)- For residents of Orange County, this network includes health providers serving the uninsured and underinsured. For medical concerns unrelated to COVID-19, individuals may contact the listed providers regarding eligibility.

- [Flyer \(Spanish Translation\)](#)

IMMIGRATION

[Hope Community Center](#) : This organization works specifically with families from Mexico and Central America specific to immigration. While their offices are closed, individuals may call 407-880-4673 and press 1. They also have a resource list in English and Spanish that can be accessed [here](#).

MISC

[Neighborhood Centers for Families \(NCF\)](#): These centers are located around Orange County and offer a variety of services. For the time being, all offices are closed and services are provided over the phone.

Resources for Bilingual Families

Florida Blue has partnered with New Directions Behavioral Health to offer a free bilingual helpline to assist all Floridians with the stress they may feel during the COVID-19 health crisis. The toll-free helpline connects individuals with specially trained behavioral health counselors who can assist anyone experiencing feelings of stress, anxiety, trauma and grief due to the health crisis.

24-Hour Toll-Free Helpline
Free Bilingual Emotional Support
833-848-1762

Licensed clinicians are available to speak to anyone in Florida free of charge in both English and Spanish. The services are free to all Floridians, including those who do not have insurance or have coverage with another health plan.

<https://www.floridablue.com/blog/support-line>